



# Blossom

## **smoothies**

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|---|---|
| <b>banana-berry</b><br><i>Orange juice, strawberry, banana, non-fat yogurt.</i>                               | 5 |
| <b>protein powerhouse</b><br><i>Orange juice, Protein powder, banana, honey.</i>                              | 5 |
| <b>berry oasis</b><br><i>Orange juice, raspberry, blueberry, &amp; fruit yogurt</i>                           | 5 |
| <b>cactus pear</b><br><i>Prickly pear fruit, prickly pear juice, cranberry juice, non-fat yogurt, banana.</i> | 5 |
| <b>pina colada</b><br><i>Pineapple juice, coconut, non-fat yogurt, banana.</i>                                | 5 |

## **sparklers (non-alcoholic)**

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| <b>faux-jito</b><br><i>A healthy twist on the classically refreshing Mojito.</i> | 4 |
| <b>topaz tonic</b><br><i>Sparkling apple-cinnamon refresher</i>                  | 4 |
| <b>sub-limeade</b><br><i>sweet-sour mix of berry and citrus</i>                  | 4 |

## **bottled water list**

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|---|---|
| <b>fiji,</b><br><i>Fiji Islands, 330ml</i>        | 4 |
| <b>voss</b><br><i>Norway, still 330ml</i>         | 4 |
| <b>acqua panna</b><br><i>Italy, 500ml</i>         | 5 |
| <b>san pella</b><br><i>Italy, sparkling 500ml</i> | 5 |
| <b>lurisia</b><br><i>Italy, 500ml</i>             | 5 |

## **light fare**

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| <b>grilled chicken pannini</b><br><i>Chicken breast, provolone, pesto, aioli and caramelized onion, served with a side of fresh fruit.</i>           | 11 |
| <b>grilled shrimp salad</b><br><i>Fresh mixed greens, pickled onion, shaved Fennel, citrus wedges and aged Parmesan.</i>                             | 11 |
| <b>tuna salad wrap</b><br><i>Whole wheat tortilla, albacore tuna, avocado, served with crispy root vegetable chips.</i>                              | 11 |
| <b>fatoush salad</b><br><i>A Lebanese version of the Panzanella salad, cucumbers, tomatoes, olives, red onion, crisp pita chips and Feta cheese.</i> | 11 |

## **baked goods**

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|-------------------|-----|
| assorted muffins  | 2.5 |
| assorted pastries | 2.5 |

## **fruit & juice**

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|---|---|
| bananas, apples, oranges                        |   |
| fruit juices<br><i>10 oz. Orange, Cranberry</i> | 4 |

## **on the go**

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| soft drinks<br><i>pepsi, diet .pepsi, sierra mist, ice tea</i> | 3 |
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## **wine list**

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|---|----|
| <b>sparkling</b><br><i>Mumm Napa, Cuvee M Napa Valley, NV</i> | 7  |
| <b>chardonnay</b><br><i>Clos du Bois, Sonoma County, 2005</i> | 8  |
| <b>merlot</b><br><i>Clos du Bois, Sonoma County, 2004</i>     | 10 |